

Sheffield Festival of Athletics 2007

Open Track and Field Meeting

Track organised by City of Sheffield Athletic Club
Field organised by Rotherham Harriers and AC

Event supported by
Sheffield City Council
Keep on Running

Don Valley Stadium, Sheffield on
Saturday 21 April 2007
(under UK Athletic Rules permit applied for)

This is a graded track and field meeting. Competitors indicate their personal best performances and are then grouped into races and pools irrespective of age or gender.

Athletes with disabilities are welcome to enter the open meeting – plus there will be races and field events specifically for disabled athletes – contact **Phil Morgan on 0114 268 5690**

To produce a programme of competitors that includes their personal best performances, the closing date is **Monday 16 April**. Entries delayed by post and received after this date will not appear in the program and may NOT be graded.

Entries and results will be listed on
www.sheffieldathletics.co.uk

as they are received. Entry forms also available from
www.rotherhamharriers.org www.noaaa-athletics.org.uk

Earliest start times for the track events are: -

12.00noon - 3000m- U11B&G and U13B&G may not compete. U15B may not compete if they also enter 800m.
1.00pm - 100m - no restrictions.
2.45pm - 800m - no restrictions.
4.30pm - 200m - no restrictions.
5.30pm - 400m - U11/13B, U11/13/15G may not compete.
6.00pm - 1 mile - U11B&G may not compete.

U11, U13, U15 and U17 age groups may only enter 3 events, Under 20's 5 events.

Field events will be integrated into the programme according to the number of entries. Available Field events are: -

Long Jump - 3 jumps from 12.00 (entry limit 120).
High Jump - from 1.00pm (entry limit 100). Bed one 1.00m upwards, Bed two 1.50m upwards. Progressing bars elimination after 3 consecutive failures as per UKA Rules.
Shot - 3 throws from 2.00pm onwards (entry limit 40).
Javelin - 3 throws from 2.00pm onward (entry limit 40).

Entry Fee (event means a track or a field event)
£5 to enter one event (£7 if unattached) – then £1.50 for each extra event (Note age restrictions regarding max events). i.e. £5 for 1 event, £6.50 for 2 events, £8 for 3 events. Unattached £7 for 1 event, £8.50 for 2 events, etc.

What you get for your entry fee:

All events judged and timed by graded officials.
Free parking and entry for spectators.
Showers, changing and toilet facilities.
Memento.

ENTRY FORM FOR

SHEFFIELD OPEN TRACK AND FIELD MEETING
Don Valley Stadium, Sheffield S9 3TL. Saturday 21 April 07.
Closing date for ALL entries Monday 16 April 07.

NO ENTRY ON THE DAY
ENTER EARLY - 500 Track and 340 Field Limit.

Please complete and return to: -

Mr. John Howley
54 Stradbroke Drive, SHEFFIELD, S13 8SD
Tel 0114 239 4587, Email john@howley.plus.com
Cheques payable to 'City of Sheffield Athletic Club.'
Please include an SAE – for number and other information.

(Field event enquiries Bert Norburn 01709 367532 or bertatharriers@supanet.com)

Name _____

Club _____

Contact phone or email _____

Male/Female U11, U13, U15, U17, U20, S (please circle)

NoEAA Reg Num (if known) _____

Race 1 _____ pb _____

Race 2 _____ pb _____

Race 3 _____ pb _____

Race 4 _____ pb _____

Race 5 _____ pb _____

Long Jump no restrictions pb _____

High Jump U11B&G may NOT compete pb _____

Shot U11B&G may NOT compete pb _____

Javelin U11B&G may NOT compete pb _____

Come to Sheffield and set a personal best.

Photographs

- Accreditation to take photographs / film the event must be obtained on the day (free of charge).
- Athletes entering this competition are consenting to have photographs / images taken by accredited persons.

